



**ANGEL GROUP  
LANDSCAPING- FENCING-CONSTRUCTION**



# **National Championship Sailing Instructions**



**Royal Irish Yacht Club  
16th to 18th September 2011**

## 1 RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing.
- 1.2 Current Laser SB3 Class rules (as in force in Ireland) will apply.
- 1.3 Add to RRS 41: (e) help to recover from the water and return on board a crew member, provided the return on board is at the approximate location of the recovery. When the crew member is returned on board, and before continuing to race, the boat shall take a One-Turn Penalty.
- 1.4 In accordance with the provisions of SB3 Class Rule A 6.2, the list of mandatory equipment set out in Rule C 5.1 is amended to exclude the requirement to carry flares and a horseshoe buoy in all racing events in which SB3s participate in Ireland under the jurisdiction of the Irish Sailing Association or any of its affiliated Clubs or Associations, provided, that in the case of events hosted in the North of Ireland held under the jurisdiction of the Royal Yachting Association or any of its affiliated Clubs or Associations, it shall be compulsory for all crew members to wear a Personal Flotation Device whilst afloat."

## 2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located at the Royal Irish Yacht Club.

## 3 BOW NUMBERS & SPONSORS' ADVERTISING

Bow numbers will be supplied and shall be affixed as directed at registration, before launching. Boats may also be required to display sponsors' stickers.

## 4 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 09.30hrs on the day it will take effect, except that any change to the schedule of races will be posted by 20.00hrs on the day before it will take effect.

## 5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed at the flagstaff at the Royal Irish Yacht Club.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in the race signal AP.

## 6 SCHEDULE OF RACES

### *Thursday 15th September*

17:00 – 19:00 Registration, Crew weigh in &  
Measuring

14:00 – 20:30 Boat Lift-in

### *Friday 16th September*

09:00 – 11:00 Registration Crew weigh in &  
Measuring

09:00 – 11:30 Boat Lift-in

10:30 Event Briefing

13:00 Warning Signal Race 1

Race 2 ASAP after Race 1

Race 3 ASAP after Race 2

### *Saturday 17th September*

11:00 Warning signal Race 4

Race 5 ASAP after Race 4

Race 6 ASAP after Race 5

### *Sunday 18th September*

11:00 Warning signal Race 7

Race 8 ASAP after Race 7

Reserve if required ASAP after Race 8

No warning signal will be made after approximately 14:30 on 18th Sept.

Lift out in order of distance travelled.

Prize giving ASAP after racing.

## 7 CLASS FLAG

The Class Flag is the official Laser SB3I Class Flag

## 8 RACING AREA

Races will be sailed on Dublin Bay

## 9 THE COURSE

- 9.1 The diagram in Attachment A shows the course, which is two rounds of a windward-leeward course with a leeward gate. The diagram shows the order in which marks are to be passed, and the side on which each mark is to be left.
- 9.2 The target time will be approximately one hour, failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a)
- 9.3 No later than the warning signal, the Race Committee vessel may display the approximate compass bearing of the first leg.
- 9.4 When there is a gate, boats shall sail between the gate marks from the direction of the previous mark and round either gate mark.
- 9.5 If one of the gate marks is missing, the remaining mark shall be regarded as a rounding mark and shall be left to port.

## 10 MARKS

- 10.1 Marks 1, 3 and 4 may be orange inflatable buoys. Mark 2 will be a Dan Buoy.
- 10.2 The starting mark may be a yellow inflatable buoy.
- 10.3 The finishing mark may be a Dan Buoy with a flag.
- 10.4 New Marks as in SI 12.1 may be Black inflatable buoys.
- 10.5 A Race Committee vessel signalling a change of a leg of the course is a mark as provided in instruction 12.2.

## 11 THE START

- 11.1 Races will be started by using rule 26 with the warning signal given 5 minutes before the starting signal.
- 11.2 For second and subsequent races each day, an attention signal, indicated by an "Orange Flag" with one sound signal, will be displayed no less than 4 minutes before the warning signal.
- 11.3 The starting line will be between a red/white staff on the Race Committee vessel at the starboard end, and either:
  - (a) The course side of the port-end inflatable starting mark; or
  - (b) A staff displaying an orange flag on the Race Committee vessel at the port end.
- 11.4 Inner distance marks may be laid adjacent to the Race Committee vessel, and are starting marks for the purpose of RRS 18, 28.1 and 31
- 11.5 A boat starting later than 5 minutes after her starting signal will be scored Did Not Start. This changes rule A4.

## 12 CHANGE OF THE NEXT LEG OF THE COURSE

- 12.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 12.2 Except at a gate, boats shall pass between the Race Committee vessel signalling the change of the next leg and the nearby mark, leaving the mark to port and the race committee boat to starboard. This changes rule 28.1.
- 12.3 Minor changes to the course will not be signalled

## 13 SHORTENED COURSE

When a Race Committee vessel displaying code flag V making repeated sound signal is positioned adjacent to a mark or gate of the course, boats, having rounded that mark or passed through that gate, shall proceed directly to the finish line to finish. This changes RRS 32.1 and RRS 33.

## 14 THE FINISH

The finishing line will be between a red/white staff on the Race Committee vessel, and either:

- (a) The course side of the nearby inflatable finishing mark; or
- (b) A staff displaying an orange flag on the Race Committee vessel.

## 15 PENALTY SYSTEM

- 15.1 RRS 44.1 and 44.2 are changed so that only one turn, including one tack and one gybe, is required.
- 15.2 A boat that has taken a penalty or retired under rule 31.2 or 44.1 shall complete an acknowledgment form at the race office within the protest time limit.
- 15.3 Appendix P – immediate penalties for breaking RRS 42 will apply. RRS P2.3 will not apply and RRS P2.2 is changed so that it will apply to any penalty after the first one.
- 15.4 To encourage boats to take penalties afloat, protest committee members may blow a whistle and point a 'U' flag at the infringing boat(s) when they see what they believe to be a breach of the RRS. They may then lodge a protest if no action is taken by the infringing boat(s).

## 16 TIME LIMITS

- 16.1 If no boat has passed Mark 1 within 40 minutes the race will be abandoned.
- 16.2 Boats failing to finish within 20 minutes after the first boat sails the course and finishes will be scored Did Not Finish. This changes RRS 35 and A4.

## 17 PROTESTS, REQUESTS FOR REDRESS & ARBITRATION

- 17.1 Protest forms are available at the race office. Protests shall be delivered there within the protest time limit.
- 17.2 The protest time limit is 60 minutes after the last boat has finished the last race of the day. The same time limit applies to protests by the race committee and protest committee/jury about incidents they observe in the racing area and to requests for redress. This changes rules 61.3 and 62.2.
- 17.3 Notices will be posted within 15 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held as notified on the official notice board.
- 17.4 Notices of protests by the race committee or protest committee/jury will be posted on the event notice board to inform boats under rule 61.1(b).
- 17.5 A list of boats that, under instruction 15.3, have acknowledged breaking rule 42 or have been disqualified by the protest committee/jury will be posted before the protest time limit.
- 17.6 Breaches of instruction 3 will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for this, and for breaches of instructions 19.2, 20, 23 & 24 may be less than disqualification if the protest committee/jury so decides.
- 17.7 On the last day of the regatta a request for reopening a hearing shall be delivered; (a) within the protest time limit if the party requesting reopening was informed of the decision on the previous day; or (b) no later than 30 minutes after the party requesting reopening was informed of the decision on that day. This changes rule 66.
- 17.8 Arbitration - As an alternative to a full Protest hearing an Arbitration system may be used, particularly for rules of Part 2. When all parties to an incident who are present at the designated time agree, a protest may be decided by Arbitration. Such Arbitration shall replace the protest hearing required under RRS 63. This system may only be used if before the hearing all parties present agree to accept the Arbitration Decision as final.

The Arbitrator shall decide if the protest is valid and whether to refer a protest to a full hearing. All parties shall have the opportunity of stating their case. The Arbitrator shall have total discretion as to whether any witness be called. At any time during the hearing the arbitrator may terminate the Arbitration and refer the incident to a full hearing by the protest committee; otherwise at the conclusion of the Arbitration a decision will be reached.

Any party found to have infringed a rule shall not be disqualified but shall incur a 20% place penalty. No penalty shall result in a score which would exceed that of a disqualification. Application of a penalty shall not affect the place or score of other boats. Any decision shall be final; however a request for re-opening may be made under RRS 66, which shall be heard by the protest committee.

Disqualification shall result if any rule infringement is found when the incident has been referred to the protest committee or any party declines to accept Arbitration at the time it is offered and insists on a full Protest Hearing. This sailing instruction changes RRS 63 and qualifies RRS 64.1.

## 18 SCORING

- 18.1 The Low Points Scoring System of RRS Appendix A will apply.
- 18.2 8 races are scheduled, of which 4 shall constitute a series.
- 18.3 When fewer than 5 races have been completed, a boats series score will be the total of her race scores.
- 18.4 The fleet will be divided into Gold, Silver and Bronze divisions following the conclusion of racing on day 3, based on a boats overall place. Overall series scores will not be affected.

## 19 SAFETY REGULATIONS

- 19.1 It is mandatory for SB3 competitors to wear personal flotation devices at all times when afloat, except briefly while changing or adjusting clothing or personal equipment. Dry suits and wet suits do not constitute adequate buoyancy.
- 19.2 A boat that retires from a race shall notify the race committee as soon as possible.

## 20 REPLACEMENT OF CREW OR EQUIPMENT

- 20.1 Substitution of competitors (helm or crew) will not be allowed, except under medical emergencies, without prior written approval of the race committee. Any permitted substitutes must record weight and boats must continue to comply with the class weight rule.
- 20.2 Substitution of damaged or lost equipment will not be allowed unless approved by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

## 21 EQUIPMENT AND MEASUREMENT CHECKS

- 21.1 A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee measurer to proceed immediately to a designated area for inspection.
- 21.2 Crews shall comply with the maximum Crew Weight Limit, as set out in the Class Rules. The scales used are deemed to be accurate and, in amendment of RRS 62.1, no redress will be granted in respect of this issue.

## 22 OFFICIAL & SUPPORT BOATS

Jury boats will be designated by a jury flag. Team leaders, coaches and other support personnel shall stay at least 100m outside areas where boats are racing from the time of the preparatory signal for the first start until all boats have finished that race, or the race committee signals a postponement, general recall or an abandonment

**23 HAUL-OUT RESTRICTIONS**

Boats shall not be hauled out during the regatta except with and according to the terms of prior written permission of the race committee.

**24 DIVING EQUIPMENT AND PLASTIC POOLS**

Underwater breathing apparatus and plastic pools or their equivalent shall not be used around boats between the preparatory signal of the first race and the end of the regatta.

**25 RADIO COMMUNICATION**

- 25.1 The Race committee may broadcast general information relating to the racing on VHF channel 71. Failure to make such announcements and information impartedduring such announcements shall not form the basis of a claim for redress. This changes RRS 62.1(a)
- 25.2 A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

**26 PRIZES**

There will be overall prizes as follows: 1st to 6th in Gold Fleet, 1st Silver Fleet, 1st Bronze Fleet, Master (average age 45 yrs), 1st Lady Helm. In addition individual race prizes may be awarded.

**27 DISCLAIMER OF LIABILITY**

Competitors participate in the Championship entirely at their own risk. See RRS Rule 4, Decision to Race. The organising authority, SB3 Ireland and their officers, members and volunteers, will not accept liability for loss of life or property, or personal injury or damage caused by or arising out of the SB3 National Championship 2011, including any pre-championship training at the championship site, and competitors take part in the championship entirely at their own risk. The establishment of the Notice of Race and the Sailing Instructions in no way limits or reduces the complete and unlimited responsibilities of competitors being solely and entirely responsible for the management of a boat they are sailing. It is the responsibility of each competitor to participate in a race or to continue racing. A competitor is wholly and exclusively responsible for his or her personal accident and health insurance. A skipper is wholly and exclusively responsible for his or her third party liability insurance on the boat that he or she is sailing.

**28 RESPONSIBILITY TO RACE**

Attention is drawn to RRS 4. The safety of the Boat and her crew is the sole and inescapable responsibility of the Owner(s) or the Person in charge whose obligation it is to ensure that their Boat is fully sound, seaworthy and is manned by an experienced crew with all the required safety gear. Neither the Notice of Race or the Sailing Instructions nor any action by the Royal Irish Yacht Club its Organising Committee in any way limits the responsibility of the Owner(s) or the Person in charge.

**29 INSURANCE**

Each participating boat shall have adequate, valid third-party liability insurance for racing.

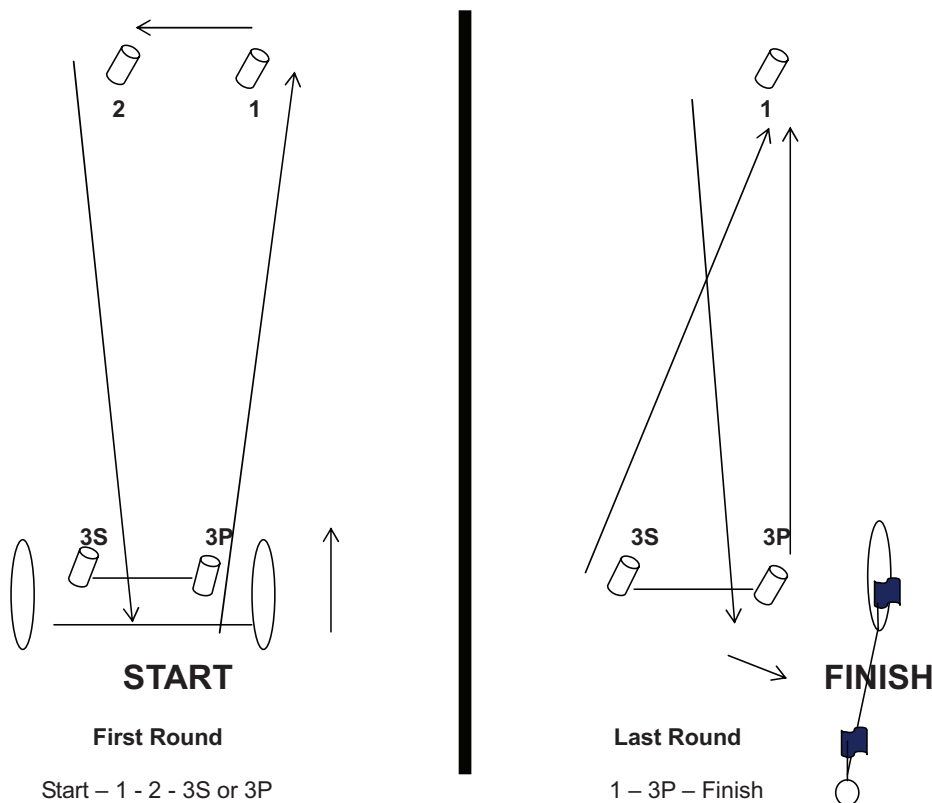
**30 TEMPORARY MEMBERSHIP**

All competitors and associated family, race officials and safety boat crew are deemed to be members of the Royal Irish Yacht Club for the duration of the Championship. As such they are expected to observe the rules of the Club.

## 2011 LASER SB3 Irish National Championship

### ATTACHMENT "A" TO SAILING INSTRUCTIONS

Course Diagram not to Scale



Marks 1, 3S and 3P will be Orange inflatable buoys. Mark 2 will be a Dan Buoy. The change of course marks will be Black inflatable buoys

Note: The gate marks 3S and 3P may not be laid until after the start of the race.