



Sailing Instructions

SB3 2010
CAPTAIN MORGAN'S
WEST COAST CHAMPIONSHIPS



On Galway Bay

From Galway Harbour
Hosted by Galway Bay Sailing Club

21st & 22nd August 2010

1. RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing.
- 1.2 The prescriptions of the Irish Sailing Association will apply.
- 1.3 Laser SB3 Class Rules, 2010 will apply.
- 1.4 In the event of conflict, between this NOR and the Sailing Instructions these sailing instructions will prevail. This changes RRS 63.7.
- 1.5 Crews shall comply with the maximum Crew Weight Limit, as set out in the Class Rules.

2. NOTICES TO COMPETITORS

- 2.1 Notices to Competitors will be posted on the official notice board adjacent to the race office at the central pier shed Galway harbour.
- 2.2 The Race Committee may draw attention to signals given on the Committee Boat, and communicate other information on VHF at any time. The Race Committee will transmit on Channel 11. Failure to transmit or to receive such communication will not be grounds for redress. This changes rule 62.1(a).

3. SPONSORS' ADVERTISING

- 3.1 ISAF Regulation 20 will apply.

4. CHANGES TO SAILING INSTRUCTIONS

- 4.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

5. SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on the flagstaff adjacent to the race office at the central pier shed Galway harbour.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.

6. SCHEDULE OF RACES AND NUMBER OF RACES

6.1 Schedule

Date	Time of first Warning Signal	Number of Races
Saturday 21 st August	1415	4
Sunday 22 nd August	1400	2

- 6.2 The warning signal for each succeeding race will be made as soon as practicable.
- 6.3 On Sunday 22nd August, no starting signal will be made after approximately 1600.

7. CLASS FLAG

- 7.1 The class flag will be the ICF "R".

8. RACING AREA

- 8.1 Racing will take place on Galway bay adjacent the Harbour and Mutton Island.

9. THE COURSE

9.1 The course will be of the Windward/Leeward type, with a Leeward Gate. The diagram in Appendix A shows the course, the order in which marks are to be passed and the side on which each mark is to be left, and is described as follows:

- a) The order of mark rounding shall be: Start-1-2-3S or 3P-1-2-3S or 3P-Finish.
- b) Mark 2 will be in close proximity to Mark 1 and both left to port.
- c) At the end of the leg Mark 2 to Marks 3S/3P boats shall sail between the gate marks from the direction of the previous Mark 2, rounding Mark 3S to starboard or Mark 3P to port.

10. MARKS

- 10.1 Marks 1, 3S & 3P may be large orange inflatable buoys. Mark 2 may be an smaller yellow spherical buoy.
- 10.2 New marks (except Mark 2), as provided in SI 12.1, may be a large orange inflatable buoys.
- 10.3 The Start Mark and Finish Mark may be a yellow spherical buoy.

11. THE START

- 11.1 Races will be started in accordance with rule 26.
- 11.2 The starting line will be between a yellow striped pole on the race committee boat displaying an orange flag at the starboard end and the Start Mark at the port end.
- 11.3 Inner distance marks may be laid. No boat shall pass between the adjacent Race Committee boat and the inner distance mark.
- 11.4 A boat starting later than 5 minutes after her starting signal will be scored Did Not Start. This changes rule A4.

12. CHANGE OF COURSE

12.1 The change will be signalled in accordance with rule 33 but only on main committee boat and SI rule 2.2 will apply.

13. THE FINISH

13.1 The finish line will be between a yellow striped pole on the finishing vessel and the Finish Mark (which may be different from the Starting Mark).

14. SHORTEN COURSE

14.1 The race committee may shorten the course under rule 32.

14.2 When a race committee vessel displaying code flag V making repeated sound signal is positioned adjacent to a mark or gate of the course, boats, having rounded that mark or passed through that gate, shall proceed directly to the Finish line to finish. This changes Race Signals, rule 32.1 and rule 33.

15. PENALTY SYSTEM

15.1 Rule 44.1 is changed, Two-turns is replaced by One-turn.

16. TIME LIMIT

16.1 The time limit for any race is 90 minutes.

16.2 Boats failing to finish within 15 minutes after the first boat sails the course and finishes, will be scored Did Not Finish. This changes rule 35 and A4.

17. PROTESTS, REQUESTS FOR REDRESS, ARBITRATION

Protests and requests for redress

17.1 Boats intending to protest may inform the race committee at the finish boat, either by hail at the finish of the race concerned or, if this is impractical, at the earliest opportunity.

17.2 Protest forms are available at the race office. Protests and request for redress shall be delivered there within the protest time limit.

17.3 The protest time limit is 90 minutes after the last boat has finished the last race of the day.

17.4 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room.

17.5 Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).

17.7 Breaches of instructions 1.5, 19, 20, 21, and 26 will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification.

17.8 On the last day of the regatta a request for reopening a hearing, shall be delivered: -

(a) Within the protest time limit if the party requesting reopening was informed of the decision on the previous day;

(b) no later than 30 minutes after the party requesting reopening was informed of the decision on that day.

This changes Rule 66

Arbitration

17.9 When a protest or request for redress is lodged, a boat may at the same time request Arbitration, or the protest committee or race committee may offer it.

17.10 If the parties and a member of the protest or race committee agree that Arbitration is suitable, an arbitrator (who may be that member of the protest committee) will call a hearing conforming to ISAF recommended procedures.

17.11 When the arbitrator decides that a boat that is a party to the arbitration hearing has broken a rule for which a penalty may be taken at the time of the incident (rule 44.1), the boat will receive a Scoring Penalty as defined in rule 44.3(c), except that the penalty will be 25%, shall not be worse than DNF and the minimum penalty shall be 2 places, and the protest will be deemed to have been withdrawn. This changes rule 63.1.

17.12 When the arbitrator decides that a boat that is a party to the arbitration hearing has broken a rule to which rule 44.1 does not apply, or if the boat caused injury or serious damage, or gained a significant advantage in the race or series by her breach, that boat will be requested to retire. If the boat does not retire the arbitrator will call a normal protest hearing (SI 17.13 will apply).

17.13 When there is not an agreement to use Arbitration, or when during or after an Arbitration hearing, the arbitrator decides that the facts do not allow Arbitration there will be a normal protest hearing, at which the arbitrator may be a member of the protest committee. Rule 66 will not apply to the arbitration decision.

17.14 When redress is offered and accepted at the Arbitration hearing, the protest committee or race committee may seek to have this reviewed by asking for a full hearing. When redress is offered and not accepted, or not offered at all, the boat may have her request heard before a protest committee.

18. SCORING

18.1 The Low Points Series of rule Appendix A, will be used.

18.2 Three races are required to be completed to constitute a series.

18.3 One discard will be allowed only if 5 or more races are completed.

19. SAFETY REGULATIONS

19.1 All competitors will wear personal flotation devices at all times when afloat, except briefly while changing or adjusting clothing or personal equipment. In amendment to rule 40 flag Y will not be displayed.

19.2 A boat that retires from a race shall notify the race committee as soon as possible.

19.3 Boats shall keep clear of commercial shipping at all times.

20. REPLACEMENT OF CREW OR EQUIPMENT

20.1 Substitution of competitors (helm or crew) will not be allowed, without prior written approval of the race committee. Any permitted substitutes must continue to comply with the class weight rule.

20.2 Substitution of damaged or lost equipment will not be allowed unless approved by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

21. EQUIPMENT AND MEASUREMENT CHECKS

21.1 A boat, crew, equipment and safety equipment may be inspected at any time for compliance with the class rules and sailing instructions.

21.2 Competitors may be asked to conduct safety/measurement checks on a random boat assigned at registration.

22. OFFICIAL BOATS

22.1 Only official support boats should be in the race area.

23. COACH/SPECTATOR BOATS

23.1 Coach boats shall register with the race office and display such marking as may be required by the race committee.

24. HAUL OUT RESTRICTIONS

24.1 Boats shall not be removed from the water between the preparatory signal of the first race and the end of the regatta. In an emergency, and only following a written request, the protest committee may waive this SI.

24.2 In the event of foul weather, the organising committee may direct that all boats moored be moved to another berth.

25. DIVING EQUIPMENT AND PLASTIC POOLS

25.1 Underwater breathing apparatus and plastic pool or their equivalent shall not be used between the preparatory signal of the first race and the end of the regatta.

26. RADIO COMMUNICATION

26.1 A boat while racing shall neither make radio transmissions nor receive communications not available to all boats any transmissions on VHF channel 11 are deemed available to all. This restriction also applies to mobile telephones which shall be switched off while racing.

27. INSURANCE

Each participating boat shall be adequately insured with valid third-party liability insurance with a minimum cover of €3,000,000. Each boat's owner(s) and competing crews shall be adequately insured against loss, damage or injury to persons, boats or equipment at all times and however occurring and shall maintain adequate third party insurance cover throughout the Regatta.

28. PRIZES

28.1 Prize giving will take place as soon as possible following the conclusion of racing.

28.2 Prizes will be awarded to first 3 boats overall and first in Silver fleet.

29. LIABILITY

The Galway Bay Sailing Club, the SB3 Ireland and their officers, members and volunteers do not accept liability for loss of life or property, or personal injury or damage caused by or arising out of the Captain Morgan SB3 West Coast Championship 2010, including any pre-championship training at the championship site, and competitors take part in the championship entirely at their own risk. The establishment of the Notice of Race and the Sailing Instructions in no way limits or reduces the complete and unlimited responsibilities of competitors being solely and entirely responsible for the management of a boat they are sailing. It is the responsibility of each competitor to participate in a race or to continue racing. A competitor is wholly and exclusively responsible for his or her personal accident and health insurance. The person in charge is wholly and exclusively responsible for his or her third party liability insurance on the boat that he or she is sailing.

Rule 4, Decision to Race. The safety of a boat and her crew is the sole and inescapable responsibility of the owner, who must do his best to ensure that the boat is fully found, thoroughly seaworthy and manned by an experienced crew, each of whom are physically fit and properly clothed to face bad weather. He/she must be satisfied as to the soundness of the hull, steering equipment, rigging and sails and all gear. He/she must ensure that all safety equipment is properly maintained and stowed, and that the crew knows where it is kept and how it is used. Neither the establishment of these special regulations, their use by the sponsoring organisations, nor the

inspection of a boat under these regulations, in any way limits or reduces the complete and unlimited responsibility of the owner. It is the sole and exclusive responsibility of each boat to decide whether or not to start or to continue to race.

Appendix A

WINDWARD - LEEWARD COURSE DIAGRAM

